

# FINANCIAL WELLNESS IN THE WORKPLACE



**5X Greater: Employees ranked financial problems as their biggest stressor, five times greater than health problems<sup>1</sup>**

## **Are Your Employees Financially Fit?**

Employees bring a myriad of personal concerns to work, and financial troubles rank at the top of the list.



### **Personal Finances: A Major Driver of Employee Engagement**

Employees who are not distracted by financial worries are more focused at work; employees stressing over money are less engaged at work.



Financial stress also impacts physical and emotional health, leading to serious conditions such as high blood pressure, depression, and even heart disease.



**1-4 Hours: Amount of time employees spend stressing over financial troubles while at work<sup>2</sup>**



of employees would like their employer to provide some financial education<sup>3</sup>



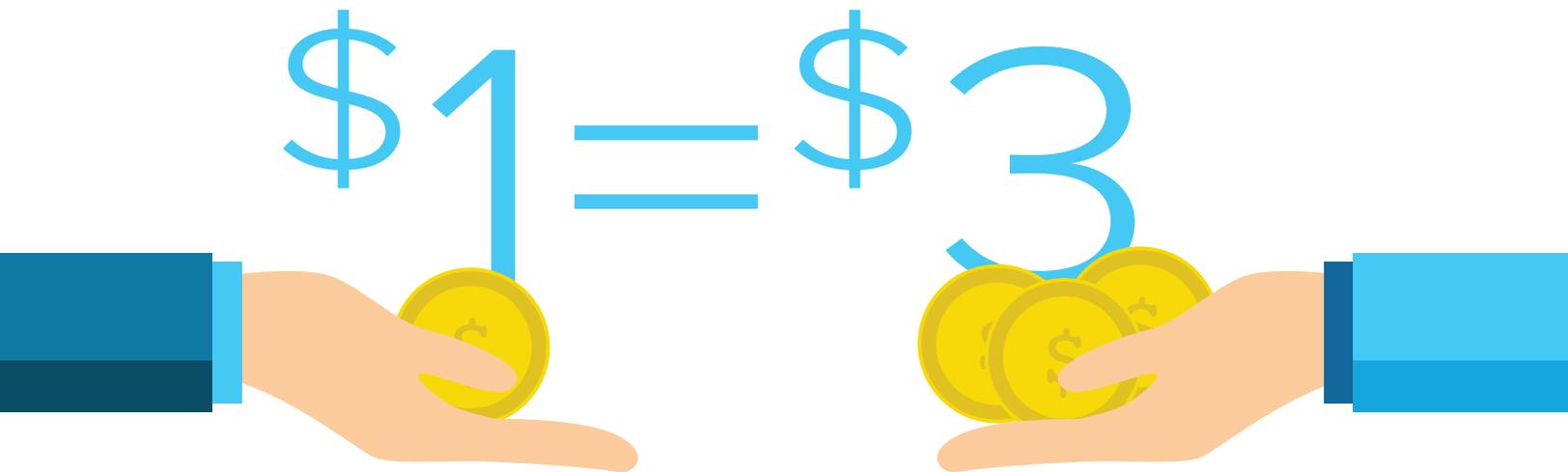
of the nearly 128 million U.S. workers have trouble managing their money and consistently saving for retirement<sup>4</sup>

### **Viverae Can Help Employees Become Financially Fit**

Viverae® has added a financial wellness solution to its total population health management offerings. This new, comprehensive resource provides your members 24/7 access to financial guidance, education, and assessment tools.

### **Financial Wellness Improves Your Bottom Line**

Financial wellness can be a smart investment. Productivity increases while employees improve their financial well-being, and companies net a potential 3:1 ROI.



**For every \$1 spent on financial wellness, employers cite a \$3 payback<sup>5</sup>**

### **Help Your Employees Take Charge of Their Financial Health**

Financial stress is not the problem—it's the symptom of a bigger issue. Viverae's financial wellness connects members to education and responsible solutions for financial emergencies.

To learn more or to request a demo, visit [www.viverae.com/financialwellness](http://www.viverae.com/financialwellness).

Sources: 1. National Institute of Personal Finance Employee Education; 2. Forbes; 3. MetLife; 4. National Institute of Personal Finance Employee Education; 5. Consumer Financial Protection Bureau